

Supplemental Table S1. Descriptive Statistics of Free T4 and HR Parameters

Variable	No.	Mean	SD
Free T4, ng/dL	111	1.22	0.73
On-site rHR, bpm	111	80.79	12.48
WD-rHR, bpm	111	65.39	7.85
WD-sleepHR, bpm	111	60.64	7.98
WD-2to6HR, bpm	111	61.60	7.66

T4, thyroxine; HR, heart rate; SD, standard deviation; rHR, resting heart rate; bpm, beats per minute; WD-rHR, rHR from wearable device; WD-sleepHR, HR during sleep from wearable device; WD-2to6HR, HR from 2:00 AM to 6:00 AM from wearable device.