

Supplemental Table S1. Baseline Characteristics of Study Participants ($n=1,392$)

Characteristic	Value
Age, yr	61.6±10.9
Male sex	806 (57.9)
BMI, kg/m ²	25.8±3.6
SBP, mm Hg	133±16
DBP, mm Hg	78±11
Smoking status ($n=1,246$) (former or current)	508 (36.4)
Alcohol status ($n=1,248$) (yes)	533 (42.7)
HbA1c, %	7.4±1.3
Total cholesterol, mg/dL	167±36
LDL-C, mg/dL	92.4±29.2
HDL-C, mg/dL	48.1±12.0
Triglycerides, mg/dL	160±104
AST, IU/L	26.1±17.3
ALT, IU/L	26.9±20.0
Creatinine, mg/dL	1.02±0.27
eGFR (MDRD), mL/min/1.73 m ²	69.7±17.1
UACR, mg/g	106.7±415.6
Total calcium, mg/dL	8.9±0.6
Phosphorus, mg/dL	3.5±0.8
Duration of diabetes, yr	13.0±8.0
Medication (any insulin)	256 (18.5)
Complication	
Retinopathy ($n=931$)	282 (30.3)
Nephropathy ($n=1,354$)	423 (31.2)
Neuropathy ($n=1,367$)	235 (17.2)
Cardiovascular disease	217 (15.6)

Values are expressed as mean±standard deviation or number (%).

BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HbA1c, glycated hemoglobin; LDL-C, low-density lipoprotein cholesterol; HDL-C, high-density lipoprotein cholesterol; AST, aspartate aminotransferase; ALT, alanine transaminase; eGFR, estimated glomerular filtration rate; MDRD, Modification of Diet in Renal Disease; UACR, urinary albumin-to-creatinine ratio.